

# SENIOR CONNECT

DECEMBER 2023



## Hello Everyone!

Senior Connect is a convenient and easy way to stay informed about what's happening in Lawrence Township.

Our goal is to connect people in our community. If you know a senior in Lawrence Township that would like the newsletter, print it out for them and deliver it with a friendly smile! Black-and-white copies are available in the Municipal Building.



# **Greetings from the Executive Director** **Office on Aging/Senior Center**

Hello Everyone:

There is no better time than the Holiday's to join in on our activities and programs and spread the happiness and joy of the season to those all around us!

Regardless of how you celebrate, we wish you a time filled with good health, love, joy and peace.

Thank you to our active members – with grateful hearts, we cherish the good times we have had through the year. Our doors are always open to our Lawrence Township Senior residents, 60 and older and our nutrition participants. December is not too late to join in for: a nutritious lunch, planned activities like : “Breakfast with the Elves”, our In-house Holiday Party, and “New Year’s Eve-Eve Celebration” as well as our evening Holiday Concerts.

Wishing all a glorious Holiday Season. Happy Hanukah , Merry Christmas and Happy Kwanza!



Enjoy December's Senior Connect and feel free to “connect” with us by visiting or calling us at 609-844-7048.

With Peace and Love,  
Lillian LaSalle, Executive Director  
Office on Aging, Senior Center



# Municipal Manager's Blog

## MANAGER'S REPORT FOR THE NOVEMBER 9, 2023 COUNCIL MEETING



### **1. Mike Rodgers Retirement:**

Our Construction Official, Michael Rodgers, is scheduled to retire on November 30, 2023. Mike has served Lawrence Township since July 23, 2001. He became our Construction Official after Anthony Cermele's retirement in July 2020. Mike has done a tremendous job, and I enjoyed working with him. I want to publicly thank him for his good work and wish him the best in his retirement.

We have a succession plan, and an announcement will be made shortly concerning promoting a current staff member to the position of Construction Official.

Keeping in line with the Construction Office, some of you may know that we have transitioned our permit process to an online portal (accessed through our township website) for residents and business owners working with the Construction Office for building inspections. The entire staff underwent extensive training over the past year.

The system is by Mitchell-Humphrey and is called FastTrackGov. Its purpose is to make the permitting process more transparent and user-friendly. It allows applicants to view the progress of their permits and identifies whatever issues must be addressed. This system reduces phone calls to the office and provides immediate information to the end users – our residents and business owners.

Recently, we included the ability to pay online with a credit card. Our inspectors were also provided with field handheld devices to input their findings, reduce paperwork, and streamline their process. Additionally, the plan is to transfer all available historical public documents (documents subject to OPRA) to reduce the staff hours necessary to respond to OPRA requests.

Our Health Department has begun the training for a similar transition to streamline health inspections and better serve our residents and the business owners in our community.

## **2. Safety Concerns at Route 206 and Eggert Crossing Road intersection:**

As you may know, this intersection is rather busy during school hours with motor vehicle traffic and pedestrian traffic (mostly students walking to and from school). Over the past several years, the intersection has been the subject of study to determine how it can be made safer. Route 206 is a State-owned road, which limits our ability to address the issue on a local level

Recently, our Municipal Engineer was able to advocate successfully to the NJDOT for positive changes. It has agreed to add a 4-inch wide stripe along the curb line of Eggert Crossing Road at Route 206 and widen the sidewalk area to increase the buffer zone (motorists' travel lane and the sidewalk). Additionally, we petitioned the NJ DOT to create a 25 mph School Zone at the intersection in both directions along Route 206 to include flashing lights to warn of children in the area. In a letter dated October 27, 2023, the NJ DOT informed us that its Division of Traffic Engineering will investigate the current conditions to determine if the requested 25 mph is warranted. I will report back once we receive their conclusions.

## **3. Federal City Road and Federal Point Warrant Analysis for Traffic Light:**

As you know, we have a 55+ community located on Federal City Road known as Traditions at Federal Point. This site borders Hopewell Township which had approved a 300-unit housing development known as Woodmont directly across the street from the entrance at Traditions. With the approval of this large development on the border of Hopewell, the impact to traffic in the area is evident and the concerns of residents living nearby were justified. Specifically, our Lawrence residents are currently experiencing difficulty in safely exiting from their development onto Federal City Road and Ewing and Lawrence Residents near the intersection of Bull Run Road and Federal City Road have the same concerns. As a result, officials from Hopewell, Lawrence, Ewing and Mercer County met to determine how best to address the issues with traffic lights at the forefront – first at Bull Run Road. Since we believed this light would not adequately address the specific needs of our residents, we undertook a warrant analysis study to determine whether a traffic light was justified at the entrance of Traditions. Before installing a traffic light, this type of analysis is required by the NJDOT.

We recently received the report from our traffic consultant, and I shared it with you yesterday by email. A summary of the report is as follows:

*The traffic signal warrant analysis is a comprehensive investigation of traffic conditions and physical characteristics. This analysis is required to determine the necessity for the installation of a new traffic signal. Additionally, the analysis is performed to properly assess the roadway infrastructure design and smoother operation of traffic flow. The field observations, existing traffic volumes and roadway characteristics were compiled and executed in traffic signal warrant analysis worksheets as set forth in the Manual on Uniform Traffic Control Devices for Streets and Highways, 2009 Edition ("MUTCD") Revisions 1, 2 & 3. The MUTCD guidelines are published by the Federal Highway Administration ("FHWA").*

A traffic signal warrant analysis generally involves the investigation of the existing or proposed traffic conditions, pedestrian characteristics, and geometric alignment of a study location. The traffic signal warrant investigation is comprised of analyzing several factors related to the existing operation and safety of the study location. The factors are utilized to determine if signalization will improve the traffic flow compared to unsignalized conditions.

The MUTCD outlines a total of nine (9) traffic signal warrant criteria, which are applied to determine if signalization is justifiable.

The 105-page report essentially states the following:

- *The intersections of Federal City Road with Bull Run Road and Federal Point Boulevard both meet the warrant for a traffic signal.*
- *While signals are recommended at both intersections, it would be most beneficial to Lawrence Residents to have a signal at Federal Point Boulevard.*
- *A signal at only Federal Point Boulevard will provide minimal benefit to the intersection of Bull Run Road. Similarly, a signal at only Bull Run Road will provide minimal benefit to the intersection of Federal Point Boulevard.*
- *There should be no issue with the proximity of US Route 295.*
- *Widening for opposing left turn lanes would likely be recommended at Federal Point Boulevard. This will result in increased costs and utility impacts.*

Our Traffic Consultant wasn't asked to provide an estimate, but our Municipal Engineer believes the cost would be in the \$500,000 range for a signal at either location.

I plan to meet with officials from Hopewell and Ewing to discuss plans if our governing body is supportive. It is my recommendation, based on public safety needs, that we aggressively pursue the traffic signal at Federal Point and seek the cooperation and contribution of Hopewell and Ewing for this work.

POST SCRIPT: At the council meeting, the governing body supported the plan to install the light after reaching an agreement with the adjacent towns (Hopewell and Ewing) on sharing costs.

#### **4. Hero Park:**

If you drive by Hamnett Park off Ohio Avenue, you see the active work being done to create our dog park, which will include two dog-run areas and a walking path around the perimeter for pedestrians to use for exercise. We expect the work to be completed in about a month. We need several months for grass to grow within the areas before opening up for use. April 2024 is the target time frame for a more formal opening.

#### **5. Colonial Lake Park:**

As you may have heard, the walking path on the Northern side of the Lake has been completed, which completes the loop around the lake. We have a Lake Management Grant of \$316,800 funds available for hydro-raking, shoreline restoration, and asphalt removal of that portion of the Sheft property we acquired behind the bowling lane building. Our match to this grant is \$79,200.

## **6. Eldridge Park:**

NJ DOT presented us with an opportunity to apply for the funding of a local project involving pedestrian improvements. It is a Pilot Program to install porous pavers on a Township site to showcase the product and other park improvements. The project would be administered as a grant, but all aspects – design, construction, and inspection – would be funded by the state. We were identified as a possible recipient based on our reputation and ability to deliver funded projects.

We identified Eldridge Park as an area that could be improved with a porous walking path around the park's perimeter. It is envisioned as a gently curving path outside the drip line of the mature trees, constructed of porous materials to minimize stormwater impact. Our application includes a request for four designated parking spaces, including a handicapped accessible space at the existing depressed curb on Tulane Avenue and miscellaneous park improvements such as benches, trash receptacles, and additional landscaping. The cost estimated and applied for is \$415,725.

This project, if awarded, would complement the planned equipment upgrade through the NJ DCA Local Recreation Grant of \$65,000 we received and recently were approved to spend and will provide linkages between play areas.

I believe it is critical for us as a municipal government to make sure that all areas of our community are meaningfully addressed for capital improvements – and our community parks are good means to improve the quality of life for the nearby residents.

## **7. Lawrence Nature Center:**

As you know, we received grant funds for \$88,000 for improvements to the exterior grounds of the Nature Center. For design work to create and install a more formal parking area, fix the patio on one side of the building, and install lighting to better improve accessibility to the building. We have begun the design work. We also have some funding designated in the Capital fund to complete this work.

In addition to the exterior work, we are exploring possibilities for a project that will include interior furnishings and lighting upgrades for potential displays and exhibits for the ground floor of the Nature Center and detached garage.

## **8. Career Firefighter Hiring's:**

We received the list of eligible firefighters from NJ Civil Service. Those who were eligible were required to take the physical skills examination, and once that was completed, we received the final eligibility list. We then conducted six interviews for the three available positions. Offers of employment will be going out over the next couple of days.

## **9. Report and Recommendations for a New Fire & EMS Station for Lawrence Township:**

As everyone knows, we received a grant from the NJ Department of Community of Affairs for \$725,000. The grant award aims to provide funding for engineering and architectural design, environmental studies, and preparation of bid documents for a new centralized Emergency Management Operations Center.

The township engaged Cotter Strategies, LLC, a fire and emergency services consulting firm, for the first phase of the process. Specifically, to study the existing fire stations and perform a need assessment to better understand what will be required for a new central station. This determines the type and size of the facility we will need as a community for a central fire/EMS and 911 facility.

We do expect to receive the report in the coming weeks. The preliminary conclusion is that the study team supports the construction of the new facility at the proposed location adjacent to the Municipal Building and that a central facility will provide important benefits. Reducing the number of fire station houses will reduce duplication of equipment and apparatus, resulting in significant cost savings for taxpayers. Moreover, a new facility will provide improved facilities for the health and safety of personnel, integration of the EMS and Fire Operations, further integration of career and volunteer members as a part of a combination organization, co-location of the Office of Emergency Management, the Emergency Operations Center, the local 911 emergency communications center and potential other administrative offices.

Once the report is received, it will be shared with you and the community. I will say this again publicly: I value the volunteer fire companies' service to our community in the past, the present, and for the foreseeable future. I am committed to taking responsible action to support and improve the volunteer firefighter service to our community.

POST SCRIPT: At the meeting, a resident stated during public participation that he felt we should be taking our time and proceeding slowly. We are. But we must begin, and that is what we are doing. Putting our heads in the sand and hoping things improve is not a valid or responsible plan. We identified that our community has a serious public safety issue, and we applied for and received a grant for \$725,000 to study the issue and provide our elected officials with all of the information necessary for them to make an appropriate decision on behalf of the community - to answer the question of whether to build a central Fire/EMT facility and if the Municipal Campus is the appropriate place to do so. We must begin the process to make these decisions, not let important projects languish. We will rely on the objective data related to our community and our response record to fire calls, etc., the advice and recommendations of highly qualified professionals we retain to act in our best interests and in the interest of public safety, and our judgment on the proper course of action to take.

For whatever reason, people wrongfully believe that a decision is to be made soon on these very serious community issues, and that is simply not the case. The matter will be researched, studied, and investigated, and once all of the information is compiled, the elected officials will decide whether to move forward - and will do so after public meetings and listening to comments and opinions from residents.

#### **10. Craft Cleaners site and the Pit Stop site:**

1840 Brunswick Avenue is presently a vacant and abandoned lot along Brunswick Avenue (across from Burger King) that we have targeted to address in some meaningful as it languished for decades first as an abandoned building that used to be the site of a local business known as Craft Cleaners, which was demolished through township efforts years ago.

The land is currently owned by a defunct LLC with unresponsive members who acquired the property, I believe, through a sheriff sale but then realized its potential for being contaminated, and the LLC simply ceased operating as a business entity, leaving the land unattended and left to accumulate tax liens.

As we began the process of actually doing the work necessary to improve the Brunswick Streetscape, a concept in existence for decades but not meaningfully acted upon, we identified this vacant site as an important piece to address.

Much like we have handled the Pit Stop site, we applied for an NJ EDA under the HDSRF Program and received a grant for \$132,845. The grant was to fund a Preliminary Assessment and Site Investigation of the property to determine the extent of the contamination and the need for remediation.

Since receiving approval, we have engaged Langan Environmental Group to perform the assessment and site investigation. That work has started, and that process will take time. Once it is completed, we will better understand the remediation work necessary to get the property "clean." Once the NJDEP issues a No Further Action Letter, we hope to obtain title through foreclosure. However, in contrast to the "Pit Stop" application, the ultimate goal for the site is for redevelopment consistent with our overall goal of improving Brunswick Avenue as a pedestrian-friendly mixed-use area.

The Preliminary Assessment and Site Investigation have been completed for the Pit Stop, and the final report has been submitted to the NJDEP for review. We await their response to pursue further grant funding for the remediation work.

#### **11. 2024 Budget Process:**

Department heads had submitted their budgets to our CFO, Peter Kiriakatis. Pete has provided me with a copy and has conducted his preliminary meeting with the department heads. We will then get together to begin the preparation of the recommended budget to present to the governing body. Once the new council members are sworn at reorganization, the governing body can work out the plan for the public budget process.

#### **12. Grant Game:**

Throughout my report, you have heard the word grants. We are committed to keeping our community vibrant and moving forward with improvements by funding these projects from grants. As I began as the Municipal Manager, it was readily apparent that we did not have a formal grant program with a designated and dedicated staff member to the point person. We made the decision to make our part-time Municipal Engineer, Brenda Kramer, full-time and have her take over as our designated grant person. She has done an amazing job, and we have improved our ability to identify grants, apply for them, and execute them when funds are received. It has also motivated our department heads to find grant opportunities to help realize their vision for the services they help provide to the community.



For 2023, we have applied for over \$6,088,847 grants and have been awarded \$3,608,847 in grant funds, with applications for over \$2,934,732 and \$675,867 already awarded for 2024. These funds allow us to improve upon our infrastructure when our finances would preclude us from doing so, and also reduce the amount we would need from our taxpayers by the amount we are rewarded. Millions of dollars each year.

### **13. From the Rec Department:**

Deck the Town Hall Tree Lighting and more, December 8th, starting at 6 pm:

- Cookie Decorating
- Reindeer Food Making
- Trackless Train Rides
- Mechanical Reindeer-new this year
- Hot Chocolate
- Cookies

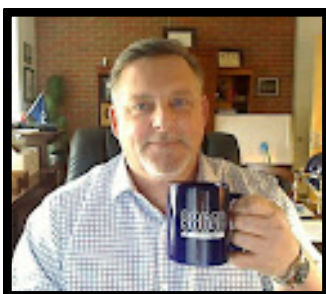
Holiday House Decorating Contest, December 1st - 14th

- Houses around town compete for the title of the best-decorated holiday house and other categories.

Jolly Trolley:

December 15th

- Drive around town in a Victorian-style trolley and enjoy the wonderfully decorated houses in Lawrence Township.



**-- Kevin Nerwinski, Esq. - Municipal Manager/QPA**

# **Announcements / News**

## **Municipal Offices will be Closed**

Lawrence Township Municipal Offices will be closed on the following days: Monday, December 25th for Christmas Day & Monday, January 1st for New Years Day.

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## **Upcoming Dates & Information**

### **Organic Waste Collection Suspended**

The organic recycling program is temporarily suspended effective November 30, 2023. The Township did not receive any bids for this service for the period covering 12/1/23 to 11/30/24. We are currently exploring other options to continue the service sometime in the future.

### **Thursday, December 7**

Recreation Advisory Committee meeting will begin at 6pm

### **Wednesday, December 20**

Zoning Board meeting canceled

### **Monday, December 25**

Municipal Offices closed for Christmas

Trash will not be collected (Make-Up Collection will be Saturday, December 23)

# **Boards and Committees: December**

**Municipal Clerk ☎ 609-844-7001**

| Meeting  | Date/Time ^          |
|--|----------------------|
| <a href="#">Lawrence Alcohol and Drug Alliance Meeting</a><br>Location: Municipal Building                     | 12/26/2023 @ 09:00AM |
| <a href="#">Environmental Resources &amp; Green Advisory Committee Meeting</a><br>Location: Municipal Building | 12/26/2023 @ 07:00PM |
| <a href="#">Shade Tree Advisory Committee (canceled)</a><br>Location: Municipal Building                       | 12/25/2023 @ 07:00PM |
| <a href="#">Diversity, Equity and Inclusion Committee</a><br>Location: Municipal Building                      | 12/21/2023 @ 06:30PM |
| <a href="#">Zoning Board Meeting (canceled)</a><br>Location: Municipal Building                                | 12/20/2023 @ 07:00PM |
| <a href="#">Township Council Meeting</a><br>Location: Municipal Building                                       | 12/19/2023 @ 06:30PM |
| <a href="#">Planning Board Meeting</a><br>Location: Municipal Building   | 12/18/2023 @ 07:00PM |
| <a href="#">Senior Executive Committee</a><br>Location: Senior Center  | 12/13/2023 @ 09:30AM |
| <a href="#">Growth and Redevelopment Committee Meeting</a><br>Location: Municipal Building                     | 12/12/2023 @ 07:00PM |
| <a href="#">Historic Preservation Committee</a><br>Location: Municipal Building                                | 12/11/2023 @ 07:30PM |
| <a href="#">Recreation Advisory Committee Meeting (6:00pm)</a><br>Location: Municipal Building                 | 12/07/2023 @ 06:00PM |
| <a href="#">Trails, Open Space &amp; Stewardship Advisory Committee</a><br>Location: Municipal Building        | 12/06/2023 @ 07:30PM |
| <a href="#">Township Council Meeting</a><br>Location: Municipal Building                                       | 12/05/2023 @ 06:30PM |
| <a href="#">Planning Board Meeting</a><br>Location: Municipal Building   | 12/04/2023 @ 07:00PM |

# Officer Spotlight

\*\*\*\*\*Hey Lawrence Twp.!!\*\*\*\*\*

Instead of our usual "Spotlight" we have a special treat for you. This week's spotlight is more of a "Showcase." Presenting Brix, our own K-9 Officer. Brix (ID K9-6) is a 7-year-old German Shepherd. He has been with us for about 5 and a half years. He is the sixth K9 officer in LTPD's history. His favorite hobby is tracking and searching (for bad guys and/or narcotics). His goals are pretty simple, to be pet as often as possible and steal treats from unsuspecting co-workers. If we had to guess his favorite food, we'd say ANYTHING that is not nailed down.

With regards to his favorite teams, he's really not into pro-sports. He does like college sports however. He likes the Bulldogs, Pitbulls, Huskies, Greyhounds, Boxers (yes they really are college teams). We also asked him what he thought about the job, if it was easy or tuff for him. He said, "Ruff!" He's usually not very talkative.

All kidding aside, Brix routinely assists other agencies (as well as ours). In fact, he helped apprehend a homicide suspect several years ago! In addition to this he has helped locate several missing/endangered persons and has been involved in countless narcotics arrests.



Anyway, without further ado, check out Brix and his best friend and partner Det. James Steimle (#227) demonstrating some of the things Brix can do on the Lawrence TWP Police Facebook Page!






## A vertical Christmas decoration featuring pine branches, red berries, and pinecones. The decoration is composed of several pine branches with green needles, clusters of small red berries, and two large brown pinecones. A red ribbon is tied around the middle of the arrangement.

**Lawrence Township Office on Aging  
Senior Center Activity Calendar**

| Sunday  | Monday  | Tuesday   | Wednesday  | Thursday  | Friday  | Saturday   |
|---|---|---|--|---|---|--|
| <div>26</div>    | <div>27</div> <div>Coffee with the Chief<br/>Dec. 13th at 10:00 AM<br/>Meet Christopher Longo,<br/>Lawrence TWP<br/>Chief of Police</div>  | <div>28</div> <div>5</div> <div>DUPLICATE BRIDGE- 9 AM<br/>CLUB #1 - 10:00 AM</div>   | <div>29</div> <div>6</div> <div>TRIP INFO:<br/>Departure is from<br/>Slackwood Fire House<br/>21 Slack Ave.<br/>Bus leaves at 9:30 AM<br/>Returns at 5:00 PM</div>   | <div>30</div> <div>7</div> <div>EXERCISE - 9 AM<br/>HULA DANCE - 10:15 AM<br/>RUMMIKUB - 1:00 PM</div>  | <div>31</div> <div>8</div> <div>LINE DANCE 9:30 AM<br/>WATERCOLOR FREESTYLE 10 AM<br/>BINGO 1 - 3 PM</div>  | <div>32</div> <div>9</div> <div>LINE DANCE 9:30 AM<br/>WATERCOLOR FREESTYLE 10 AM<br/>POETRY 1:00 PM - MC LIBRARY<br/>BINGO 1 - 3 PM</div>   |
| <div>33</div> <div>10</div> <div>FREE EVENTS:<br/>Lawrence Community<br/>Concert Band -<br/>Dec. 14th at 7:00 PM<br/>Lawrence Reading<br/>Symphony -<br/>Holiday Concert<br/>Dec. 19th at 7:30 PM</div> | <div>34</div> <div>11</div> <div>EXERCISE - 9 AM<br/>ACRYLIC ART - 10:00 AM<br/>GAME TIME - 1:00 PM<br/>MAH-JONGG - 1:00 PM</div>   | <div>35</div> <div>12</div> <div>DUPLICATE BRIDGE- 9 AM<br/>CLUB #2 CHRISTMAS PARTY<br/>- OFFSITE -<br/>SCULPTURE CLASS - 1:00 PM<br/>HEALTHY BONES 1:30 - 3 PM</div>                                       | <div>36</div> <div>13</div> <div>LINE DANCE - 9:30 AM<br/>EXECUTIVE COMMITTEE - 9:30 AM<br/>COFFEE W/ THE CHIEF 10:00 AM<br/>BUSY BEES - 12:30 PM<br/>LAWRENCEVILLE STUDENT<br/>TECH HELP - 1:00 - 3:00 PM<br/>MEMOIR WRITING - 2 PM</div> | <div>37</div> <div>14</div> <div>EXERCISE - 9 AM<br/>HULA DANCE - 10:15 AM<br/>RUMMIKUB - 1:00 PM<br/>HOLIDAY BAND CONCERT<br/>AT SENIOR CENTER 7:00 PM</div> | <div>38</div> <div>15</div> <div>BREAKFAST WITH THE ELVES<br/>9:30 AM<br/>LINE DANCE 9:30 AM<br/>WATERCOLOR FREESTYLE 10 AM<br/>BINGO 1 - 3 PM</div>    | <div>39</div> <div>16</div> <div>TREE LIGHTING - 6 PM<br/>In-house Holiday<br/>celebration during our<br/>Nutrition program -<br/>Please register for<br/>Lunch if you plan to<br/>attend!</div> |
| <div>40</div> <div>17</div> <div>EXERCISE - 9 AM<br/>ACRYLIC ART - 10:00 AM<br/>GAME TIME - 1:00 PM<br/>MAH-JONGG - 1:00 PM</div>   | <div>41</div> <div>18</div> <div>EXERCISE - 9 AM<br/>ACRYLIC ART - 10:00 AM<br/>GAME TIME - 1:00 PM<br/>MAH-JONGG - 1:00 PM</div>   | <div>42</div> <div>19</div> <div>DUPLICATE BRIDGE- 9 AM<br/>NO CLUB #1 MEETING<br/>ORCHESTRA HOLIDAY CONCERT<br/>AT SENIOR CENTER 7:30 PM<br/>SCULPTURE CLASS - 1:00 PM<br/>HEALTHY BONES 1:30 - 3 PM</div> | <div>43</div> <div>20</div> <div>LINE DANCE - 9:30 AM<br/>BUSY BEES - 12:30 PM<br/>MEMOIR WRITING - 2 PM</div>   | <div>44</div> <div>21</div> <div>EXERCISE - 9 AM<br/>HULA DANCE - 10:15 AM<br/>RUMMIKUB - 1:00 PM</div>   | <div>45</div> <div>22</div> <div>LINE DANCE 9:30 AM<br/>WATERCOLOR FREESTYLE 10 AM<br/>HOLIDAY CELEBRATION<br/>10:00 AM<br/>BINGO 1 - 3 PM</div>        | <div>46</div> <div>23</div> <div>LINE DANCE 9:30 AM<br/>WATERCOLOR FREESTYLE 10 AM<br/>NEW YEARS "EVE EVE"<br/>SOCIAL 1:30 - 3:30 PM<br/>NO BINGO</div>  |
| <div>47</div> <div>24</div> <div>Happy Holidays<br/>TOWNSHIP OFFICES &amp;<br/>SENIOR CENTER CLOSED</div>   | <div>48</div> <div>25</div> <div>Happy Holidays<br/>TOWNSHIP OFFICES &amp;<br/>SENIOR CENTER CLOSED</div>   | <div>49</div> <div>26</div> <div>DUPLICATE BRIDGE- 9 AM<br/>NO CLUB #2 MEETING<br/>SCULPTURE CLASS - 1:00 PM<br/>NO HEALTHY BONES</div>   | <div>50</div> <div>27</div> <div>LINE DANCE - 9:30 AM<br/>BUSY BEES - 12:30 PM<br/>MEMOIR WRITING - 2 PM</div>   | <div>51</div> <div>28</div> <div>NO EXERCISE<br/>HULA DANCE - 10:15 AM<br/>RUMMIKUB - 1:00 PM</div>   | <div>52</div> <div>29</div> <div>LINE DANCE 9:30 AM<br/>WATERCOLOR FREESTYLE 10 AM<br/>NEW YEARS "EVE EVE"<br/>SOCIAL 1:30 - 3:30 PM<br/>NO BINGO</div> | <div>53</div> <div>30</div> <div>Happy New Year<br/>Sign up for our New<br/>Years "Eve Eve"<br/>Party! Come ring in<br/>2024 with food,<br/>drinks and music!</div>                              |
| <div>54</div> <div>31</div> <div>2024<br/>- HAPPY NEW YEAR -<br/>TOWNSHIP OFFICES &amp;<br/>SENIOR CENTER CLOSED</div>  | <div>55</div> <div>32</div> <div>2024<br/>- HAPPY NEW YEAR -<br/>TOWNSHIP OFFICES &amp;<br/>SENIOR CENTER CLOSED</div>  | <div>56</div> <div>33</div> <div>2024<br/>- HAPPY NEW YEAR -<br/>TOWNSHIP OFFICES &amp;<br/>SENIOR CENTER CLOSED</div>  | <div>57</div> <div>34</div> <div>2024<br/>- HAPPY NEW YEAR -<br/>TOWNSHIP OFFICES &amp;<br/>SENIOR CENTER CLOSED</div>   | <div>58</div> <div>35</div> <div>2024<br/>- HAPPY NEW YEAR -<br/>TOWNSHIP OFFICES &amp;<br/>SENIOR CENTER CLOSED</div>  | <div>59</div> <div>36</div> <div>2024<br/>- HAPPY NEW YEAR -<br/>TOWNSHIP OFFICES &amp;<br/>SENIOR CENTER CLOSED</div>                                  | <div>60</div> <div>37</div> <div>2024<br/>- HAPPY NEW YEAR -<br/>TOWNSHIP OFFICES &amp;<br/>SENIOR CENTER CLOSED</div>   |



# Mercer County Nutrition Program

Meals are served at the Lawrence Senior Center  
Monday, Wednesday, Thursday, & Friday

30 E. DARRAH LANE, LAWRENCE NJ, 08648

*The Mercer County Nutrition Program for Older Adults offers warm meals served in settings that bring people together for activities and socialization.*

*Registration required & Transportation offered to Lawrence residents 60+ years.*

*Mercer County Nutrition is a federally funded program that encourages participants to make a suggested donation of \$1 per meal.*

*Please call Vanessa Banks at  
(609)-883-8085  
or Mercer County Nutrition at  
(609)-989-6650*



The Lawrence Township Office on Aging

Join us for  
**BEREAVEMENT  
SUPPORT**

Presented By:  
Catherine Crawford  
M.A, M. ED  
Associate Director of Counseling

ON THE FOLLOWING DAYS

10/25 | 11/15 | 12/13

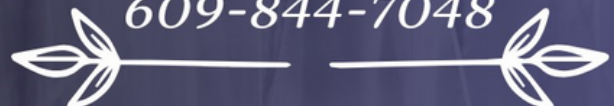
1:00 - 3:00 PM



*Lawrence Seniors  
60 or older*

*Call or Visit the  
Senior Center  
to Sign-Up*

609-844-7048



30 East Darrah Lane, Lawrence TWP, NJ



# Neighbors helping Neighbors



Join us as we help to keep our neighbors warm for the winter. We are collecting handmade hats, scarves and lap blanket for those members of our community that can use a hand this upcoming cold season.



*Help us help others*

**To Participate:**

Seniors, 60 or older



Please call the Lawrence Twp Senior Center to arrange pick up/ drop off of your yarn kit.

When your project is completed, please return it to the Senior Center and we will make sure it gets to someone in need. Store bought items and donations of yarn are appreciated as well.



30 East Darrah Lane, Lawrence TWP, NJ 08648

**Lawrence Senior Center**



**COFFEE  
WITH THE  
CHIEF**



**Meet and Greet with  
Christopher Longo,  
Lawrence Township Chief of Police**

**DEC. 13TH**

**10:00 AM**

**Learn more about the  
Township Police  
initiatives including  
Operation Blue Angel**



**More information is on the Lawrence Township  
Police webpage about there programs  
WWW.LAWRENCETWP.COM**

**30 EAST DARRAH LANE**



LAWRENCE SENIOR CENTER

# BREAKFAST WITH THE ELVES



**FRIDAY**  
**DECEMBER 15TH**  
**9:30 AM**



**COME ENJOY SOME PANCAKES  
AND COFFEE WITH THE  
SENIOR CENTER ELVES!**

**SIGN UP OR CALL:  
609-844-7048**

**30 EAST DARRAH LANE**



# LAWRENCEVILLE STUDENT TECH HELP

If you need computer help, phone or have tech questions, the Lawrenceville School students will be here at the Senior Center to gladly help you work out your technology issues.

**WEDNESDAYS FROM 1:00 - 3:00PM**

**THE LAWRENCEVILLE  
SCHOOL STUDENTS WILL  
BE HERE ON THE FOLLOW  
DATES:**

- DEC 13
- JAN 10
- JAN 17
- JAN 24
- JAN 31
- FEB 7
- FEB 14
- FEB 21
- FEB 28





LAWRENCE SENIOR CENTER

# *Holiday Celebration*

**DECEMBER 22ND  
AT 10:00 AM**

In-house Holiday celebration  
during our Nutrition program -  
Please register for Lunch if you  
plan to attend.

Sign-up sheet is available  
to donate goodies!

**SIGN UP OR CALL  
609-844-7048**

30 EAST DARRAH LANE





**LAWRENCE SENIOR CENTER**

# NEW YEARS EVE - EVE PARTY

**COME RING IN THE NEW YEAR  
EARLY AT THE LAWRENCE SENIOR  
CENTER!**

**WE WILL HAVE FOOD, REFRESHMENTS  
AND MUSIC. LETS DANCE OUR WAY  
INTO THE NEW YEAR TOGETHER!**

 **LAWRENCE SENIORS 60+**

**DECEMBER 29TH  
1:30 - 3:30PM**

**SIGN UP OR CALL (609) 844-7048**

**30 EAST DARRAH LANE**



# LAWRENCE SENIOR CENTER

# TAI-CHI

## **8 Week Winter**

## **Sessions: \$24**

Fee is doubled for  
Non-Residents

**Mondays**

**10:30 - 11:30 AM**

### **Location:**

Lawrence Senior Center  
30 East Darrah Lane  
Lawrence, NJ

To **Pre-Register** or for  
more information

Call (609) 844-7048 or

Visit the Senior Center

**Instructor - Glenn Swann**

## **Class Dates:**

Session 1 – **January 22**

Session 2 – **January 29**

Session 3 – **February 5**

**NO CLASS – FEBRUARY 12**

**NO CLASS – FEBRUARY 19**

Session 4 – **February 26**

Session 5 – **March 4**

Session 6 – **March 11**

Session 7 – **March 18**

Session 8 – **March 25**

**Must be  
60+ to  
participate**



# Lawrence Senior Center Yoga Class

## **8 Week Winter** **Sessions: \$24**

Fee is doubled for  
Non-Residents

**Fridays**  
**9:00 - 10:00 AM**

### **Location:**

Lawrence Senior Center  
30 East Darrah Lane  
Lawrence, NJ

To **Pre-Register** or for  
more information

Call (609) 844-7048 or  
Visit the Senior Center

*Instructor - Cheri Dzubak*

## **Class Dates:**

Session 1 – **January 19**

**NO CLASS** – **January 26**

Session 2 – **February 2**

Session 3 – **February 9**

Session 4 – **February 16**

Session 5 – **February 23**

Session 6 – **March 1**

Session 7 – **March 8**

Session 8 – **March 15**

*Please bring your own yoga mat*



Must be  
60+ to  
participate



# Memoir Writing

Your life is a story worth telling, join our memoir writing course and start putting your memories into words! Leave a legacy!

In this free class lead by a published memoirist and former librarian at Slackwood School, Kathy Saretzky, write your own personal narrative with feedback by a supportive group.

**Group Meets at the Lawrence Senior Center**

**Wednesdays from 2:00-4:00 PM**

**Call 609-844-7048 for more information & to register!**

**30 East Darrah Lane**







THE LAWRENCEVILLE SCHOOL




# PEN PALLING



Interact and get to know highschool students through the new penpal club:  
Paper Friend!

**Sign up through the registration form  
and submit it to the senior center to be  
partnered with a buddy!**



Our goal is to encourage students and senior citizens to bond by exchanging letters and establishing strong connections between different generations.



Lawrence Township Office on Aging

# Line Dance

Wednesday's with James Ellis – 9:30 AM

Friday's with Rose Majofsky – 9:30 AM

Class size  
limited

Lawrence Township  
Senior Only 60  
years and older

Visit or call  
(609) 844-7048  
the senior center to  
register





# Watercolor Freestyle



Bring your own water color supplies, no instructor, just come paint with other watercolor enthusiast!



## Date

Fridays

10:00 AM to 12:00 PM

## Location

Lawrence Senior Center  
30 E. Darrah Lane  
Lawrence, NJ 08648

- For Lawrence Residents  
60 years +
- No cost!
- Space limited to 15 people

For additional questions and to register, visit  
or call the senior center at (609) 844-7048

# DUPLICATE BRIDGE



Lawrence Township Senior Center  
30 E. Darrah Lane  
Lawrence, NJ 08648

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**TUESDAYS**  
**9:00 AM**

Come out and play Duplicate Bridge at the  
Lawrence Senior Center.

Organized by Stu Augustin

Call the center at **(609) 844- 7048** to register.



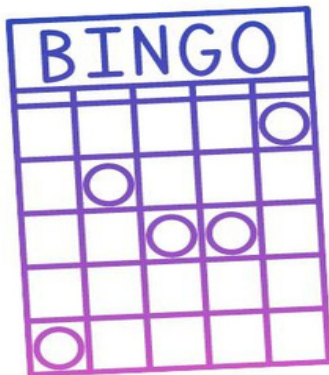
LAWRENCE TOWNSHIP SENIOR CENTER

# LAWRENCE TOWNSHIP SENIOR CLUB #1 AND CLUB #2

Be part of our club to socialize, play bingo, day trips,  
luncheons and short member meetings!

Bring change for nickel bingo!

\$0.50 per meeting fee to cover light refreshments



LAWRENCE SENIOR CENTER  
30 E. DARRAH LANE  
LAWRENCE, NJ 08648

CLUB MEETS TUESDAY'S  
10:00 AM TO 1:00 PM

NO CLUB THE 5TH TUESDAY OF THE MONTH

Annual Dues - \$5.00

To register visit or call the senior center at  
(609) 844 - 7048





# MAH-JONGG

Lawrence Township Senior Center  
30 E. Darrah Lane

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**MONDAY'S**

**1:00 PM TO 3:00 PM**

---

Come out and play some Mah-Jongg at the  
Lawrence Senior Center.

Call the center at **(609) 844- 7048** to register.

**Free to Lawrence Township Residents 60 years +**





The Original  
**Rummikub**®



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**Thursdays  
1:00 – 3:00 PM**

**Location: Lawrence Senior Center**

**30 E. Darrah Lane**

Rummikub is a fun, but challenging game that involves patience and logic!

Visit or call the senior center  
at (609) 844 -7048 to register  
30 E. Darrah Lane

LAWRENCE RECREATION

# SENIOR POOL MEMBERSHIP

# \$25

**HOURS**    M-F    6PM - 9PM  
              SAT    9AM - 12PM  
              SUN    CLOSED

HOURS ARE SUBJECT TO CHANGE

**LOCATION**    LAWRENCE HIGH SCHOOL  
                    2525 PRINCETON PIKE

CONTACT THE RECREATION DEPARTMENT  
TO REGISTER 609 844 7064



# Electronics Recycling



## NOTICE

Starting on Wednesday, June 28, 2023 the new electronic drop off site for Lawrence Township residents only, will be at the Joseph H. Mayer Jr. Ecological Center – 3701 Princeton Pike.

Electronics and tires off the rim may only be dropped off on Wednesdays between the hours of 7:30am and 2:30pm. No drop off between 11:45am and 12:30pm. Please see gate attendant. Proof of residency required.

There will be a designated trailer for electronics and tires to be placed in. Please do not place items on the ground.

This is a drop off site only. The attendant can not assist with removing items from vehicles. Please make provisions if assistance is required.

Approved E-waste items that can be dropped off are:

Computers

Laptops

Printers (must remove ink cartridges and paper)  
NO COMMERCIAL PRINTERS

Monitors

Flat screen TV's

Plastic covered TV's (tube type)

An alternative E-waste drop off site, designated by the State of NJ is the Good Will Store located at 1632 North Olden Avenue, Ewing, NJ 08638 (across from the Home Depot) on the corner of Arctic Parkway. E-waste can be dropped off anytime during the store hours. The web site posted time of operation is Monday thru Saturday, 9:00am – 9:00pm. Sunday 10:00am – 6:00pm. The Good Will store may take additional items that the Lawrence facility does not. Check store for details.

# FIRE SAFETY

## DURING THE HOLIDAYS

When **burning candles**, leave a one-foot perimeter around lit candles and place them in a sturdy base or candle holder.



Before **putting up lights**, read manufacturer's instructions for the number of light strands you can safely connect.



*DO NOT overload electrical outlets.  
A heat source too close to the tree causes one in every four Christmas tree fires.*

**Fire alarms** should be tested and cleaned prior to the holiday season. Having a working smoke alarm reduces the chances of death in a fire by nearly half.



The **top three days** for home candle fires are **Christmas Eve, Christmas** and **New Year's Day**.



One of every three home **Christmas tree fires** is caused by **electrical problems**.

Nearly **47,000 fires** occur during the winter holidays claiming **more than 500 lives**, causing **more than 2,200 injuries**, and **costing \$554 million** in property damage.





# WINTER CLOTHING DRIVE

## ALL THROUGH DECEMBER WE ARE COLLECTING!

The Lawrence Health Department is taking winter socks, hats, gloves, and other winter clothing items for children and adults in Lawrence Township that are in need.

Drop off box located at  
Lawrence Township Municipal Building  
North Entrance  
2207 Lawrenceville Road  
Lawrence, NJ 08648





**2023 FRIENDS OF COLONIAL LAKE PARK  
FRIENDS & NEIGHBORS  
BREAKFAST IN THE PARK**

**SATURDAY DECEMBER 09, 2023  
BETWEEN 09:30 & 11:00**

**JOIN US FOR BAGELS, DONUTS, BEVERAGES  
COMPLIMENTS OF THE EXECUTIVE BOARD  
TOM, DANIELLE, CHARLIE, DEBBIE, JIM, DAVE, STEVE & KATHY**



**BUNDLE UP AND MEET NEW  
NEIGHBORS, SEE OLD  
FRIENDS  
PLEASE, TAKE A MOMENT  
TO RSVP AT THE LINK  
BELOW**



FROM THE DESK OF

# Santa Claus



## MERRY CHRISTMAS!

I have once again called upon Lawrence Township's cheerful EMT's this holiday season to host an official drop-off location for letters to Santa Claus!

Please drop off letters between  
November 24th - December 17th

Drop off location:  
165 Pilla Avenue  
Lawrence Township, NJ 08648

Parents please write legibly your child's full name  
and return mailing address

No return postage necessary, just a little magic and some help  
from our favorite reindeers!

This is a complimentary service from your friends at Lawrence  
Township Emergency Medical Services FMBA Local 396.  
For more information or questions, please contact via email at  
[FMBA.396@gmail.com](mailto:FMBA.396@gmail.com)



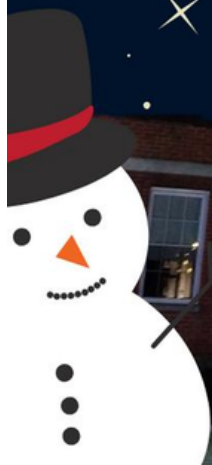


# LAWRENCE TOWNSHIP DECK THE TOWN HALL TREE LIGHTING & MORE



**FRIDAY 12-08-2023**  
**6PM-8PM**

**LAWRENCE TOWNSHIP MUNICIPAL BUILDING**  
**2207 LAWRENCE ROAD**



**Featuring**

**Mechanical Reindeer & Trackless Train Ride**

**Children's Goodie Bags** ★ **Cookie Decorating**

**Free Hot Chocolate & Cookies**

**(while supplies last)**

**6:30pm**



**Santa Clause arrival** ★ **Tree Lighting**



**LTPD will be collecting unwrapped toys for charity during the event**

**For questions, contact the Recreation Department 609-844-7067**

# Seasonal Affective Disorder (SAD): More Than the Winter Blues

As the days get shorter and there is less daylight, you may start to feel sad. While many people experience the “winter blues,” some people may have a type of depression called seasonal affective disorder (SAD).

The first step is to determine how much your symptoms interfere with your daily life.

## Do you have mild symptoms that have lasted less than 2 weeks?



- Feeling down but still able to take care of yourself and others
- Having some trouble sleeping
- Having less energy than usual but still able to do your job, schoolwork, or housework

## These activities can make you feel better:



- Doing something you enjoy
- Going outside in the sunlight
- Spending time with family and friends
- Eating healthy and avoiding foods with lots of sugar

If these activities do not help or your symptoms are getting worse, talk to a health care provider.

## Do you have more severe symptoms that have lasted more than 2 weeks?



- Social withdrawal
- Oversleeping
- Gaining weight
- Craving foods with lots of sugar like cakes, candies, and cookies

## Seek professional help:



- Light therapy
- Psychotherapy (talk therapy)
- Medications
- Vitamin D supplements

For help finding treatment, visit [nimh.nih.gov/findhelp](https://nimh.nih.gov/findhelp).

If you or someone you know is in immediate distress or is thinking about hurting themselves, call or text the 988 Suicide & Crisis Lifeline at **988** or chat at [988lifeline.org](https://988lifeline.org).



National Institute  
of Mental Health

[nimh.nih.gov/sad](https://nimh.nih.gov/sad)

NIMH Identification No. OM 22-4320

# Is it a Cold or the Flu?

## Symptoms

## Cold



## Flu



|                               |                            |  |
|-------------------------------|----------------------------|--|
| <b>Fever</b>                  | <b>Rare</b>                | <b>Yes, often high (102 – 104°F); lasts 3-5 days</b> |
| <b>Headache</b>               | <b>Rare</b>                | <b>Yes, sudden and can be severe</b>                 |
| <b>Aches/pains</b>            | <b>Mild</b>                | <b>Usual, often severe</b>                           |
| <b>Fatigue/weakness</b>       | <b>Mild</b>                | <b>Yes, sudden and can last 2-3 weeks</b>            |
| <b>Extreme exhaustion</b>     | <b>Never</b>               | <b>Yes</b>   |
| <b>Stuffy nose</b>            | <b>Common</b>              | <b>Sometimes</b>                                     |
| <b>Sneezing</b>               | <b>Common</b>              | <b>Sometimes</b>                                     |
| <b>Sore throat</b>            | <b>Common</b>              | <b>Sometimes</b>                                     |
| <b>Chest discomfort/cough</b> | <b>Mild, hacking cough</b> | <b>Common, can be severe</b>                         |



For more information visit: [www.nj.gov/flu](http://www.nj.gov/flu)



# Food Safety at Home



U.S. FOOD & DRUG  
ADMINISTRATION

## 1. Clean

**Always wash your food, hands, counters, and cooking tools.**

- Wash hands in warm soapy water for at least 20 seconds. Do this before and after touching food.
- Wash your cutting boards, dishes, forks, spoons, knives, and counter tops with hot soapy water. Do this after working with each food item.
- Rinse fruits and veggies.
- **Do not** wash meat, poultry, fish, or eggs. If water splashes from the sink in the process of washing, it can spread bacteria.
- Clean the lids on canned goods before opening.



## 2. Separate (Keep Apart)

**Keep raw foods to themselves. Germs can spread from one food to another.**

- Keep raw meat, poultry, seafood, and eggs away from other foods. Do this in your shopping cart, bags, and fridge.
- Do not reuse marinades used on raw foods unless you bring them to a boil first.
- Use a special cutting board or plate for raw foods only.



## 3. Cook

**Foods need to get hot and stay hot. Heat kills germs.**

- Cook to safe temperatures:
  - Beef, Pork, Lamb 145 °F
  - Fish 145 °F
  - Ground Beef, Pork, Lamb 160 °F
  - Turkey, Chicken, Duck 165 °F
- Use a food thermometer to make sure that food is done. You can't always tell by looking.



## 4. Chill

**Put food in the fridge right away.**

- 2-Hour Rule: Put foods in the fridge or freezer within 2 hours after cooking or buying from the store. Do this within 1 hour if it is 90 degrees or hotter outside.
- Never thaw food by simply taking it out of the fridge. Thaw food:
  - In the fridge
  - Under cold water
  - In the microwave
- Marinate foods in the fridge.



# Food Safety at Home

## Why should you care about food safety?

Each year millions of people get sick from food illnesses. Food illness can cause you to feel like you have the flu. Food illness can also cause serious health problems, even death.

## Think you have a food illness?

Call your doctor and get medical care right away.

- Save the food package, can, or carton.
- Call USDA at 1-888-674-6854 for meat, poultry, or eggs.
- Call FDA at 1-866-300-4374 for all other foods.
- Call your local health department if you think you got sick from food you ate in a restaurant or other food seller.

## Who is at risk?

Anyone can get sick from eating spoiled food. Some people are more likely to get sick from food illnesses.

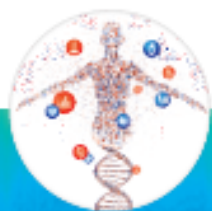
- Pregnant women
- Older Adults
- People with certain health conditions like cancer, HIV/AIDS, diabetes, and kidney disease

Some foods are more risky for these people. Talk to your doctor or other health provider about which foods are safe for you to eat.

This fact sheet was developed by the FDA Office of Women's Health.

To get other women's health resources, go to

**[www.fda.gov/womens](http://www.fda.gov/womens)**



*Making a List, Checking it Twice:*

# Top Tips for Celebrating Safely this Holiday Season



## Toys

- Follow safety information on packages, and choose toys that match your child's abilities.
- Get safety gear and ensure it's worn properly at all times and sized to fit.
- Keep small balls and toys with small parts away from children younger than age 3.



## Cooking

- Never leave food unattended on the stove or in the oven.
- Keep flammable items away from the stove and oven.
- Fry a turkey outside only, and away from your home and do not overfill the oil in the turkey fryer.



## Decorating

- Keep your live Christmas tree well-watered and look for the "Fire Resistant" label when buying an artificial tree.
- Place burning candles away from flammable items, and blow them out before leaving the room.
- Only use lights tested for safety and throw out sets with broken sockets, or frayed wires.



United States  
**Consumer Product Safety Commission**



**CPSC.gov**  
f i n u  
**USCPSC**



NSN-01-92023





## How to Reach Us

TWW's regular business hours are Monday to Friday, 8:30 a.m. to 4:30 p.m. TWW is not open on federal and municipal holidays. **We are at your service.**

- For account-related questions, call **1-866-TWW-BLUE**. Please listen carefully to the prompts. Spanish-speaking customer service representatives are available.
- **Unable to pay your water or sewer bills?** Call **2-1-1** or visit **waterassistance.nj.gov**.
- For water emergencies, such as service leaks, water main breaks, and damaged fire hydrants, call **(609) 989-3222**. You can reach our **Meter Shop** at **(609) 989-3225**.
- To sign up for TWW's Reverse 911 system, visit **trentonwaterworks.org**. TWW utilizes its Reverse 911 system to communicate with customers and service-area residents during water emergencies.
- To learn more about your rights as a utility customer, visit **trentonwaterworks.org**.
- To reach TWW's **Office of Communications and Community Relations**, call **(609) 989-3033**.

# Get help with your water bill.

**TRENTON WATER WORKS**  
335 CORTLAND STREET  
P.O. BOX 528 TRENTON, NJ 08604-0528  
INQUIRIES: PLEASE CALL (609) 989-3033  
MON-FRI 8:30AM-4:15PM

## Call: 2-1-1 or visit waterassistance.nj.gov

## Get help with your water bill. Apply today.

New Jersey's **Low-Income Household Water Assistance Program (LIHWAP)** can help you avoid service interruptions, restore services, pay reconnection fees, and stay up-to-date on payments. To apply, call **2-1-1** or visit **[waterassistance.nj.gov](https://www.waterassistance.nj.gov)**.

Also, TWW can customize a payment agreement to help you get caught up. To learn more, call us at **1-866-TWW-BLUE**, Monday to Friday, 8:30 a.m. to 4:30 p.m. TWW is closed on holidays.

New Jersey's **Winter Termination Program**, a moratorium on shut-offs, ended on March 15. However, **TWW has temporarily suspended residential service interruptions** to allow our valued customers struggling with payment challenges to access utility assistance programs or enter into payment agreements.

**1-866-TWW-BLUE**

**We are at your service.**

## Obtenga ayuda con su factura de agua. Aplica hoy.

El Programa de Asistencia de Agua para Hogares de Bajos Ingresos de New Jersey (LIHWAP) puede ayudar. Para presentar una solicitud, llame al **2-1-1** o visite **[waterassistance.nj.gov](https://www.waterassistance.nj.gov)**.

Programa de terminación de invierno de Nueva Jersey, una moratoria sobre los cortes terminó el 15 de marzo. Sin embargo, **TWW ha suspendido temporalmente las interrupciones del servicio residencial** para permitir que nuestros valiosos clientes que luchan con los desafíos de pago accedan a los programas de asistencia de servicios públicos o entren en acuerdos de pago.

**1-866-TWW-BLUE**

**Nosotros estamos a su servicio.**





### **Operation Blue Angel**

The Lawrence Township Police Department is happy to announce the availability of the Operation Blue Angel program for Lawrence Township residents. This free program is open to residents who are 55 years of age or older and live alone or will be alone for extended periods of time on a regular basis; or for people with a medical condition(s) that could lead to incapacitation and who live alone or who are alone for extended periods of time on a regular basis.

The program consists of a lockbox, which will be owned and maintained by the Police Department, which will be placed on the participant's property by Police personnel. The lockbox will contain a key to the residence (which the resident must supply). The key will only be accessed by responding police officers in the event of an emergency where officers cannot access the residence. The Operation Blue Angel program lockbox will not be accessed for lock-outs or any other non-emergent situation.

### **Mail Form**

Any interested Lawrence Township residents are encouraged to complete registration by printing the Operation Blue Angel Application (PDF) and mailing the registration form. Mail forms to:

**Lawrence Township Police Department  
Atten: Operation Blue Angel Program Coordinator  
2211 Lawrence Road  
Lawrenceville, NJ 08648**

### **Follow-Up / Questions**

An officer from the Police Department will be in touch regarding your acceptance/participation in the program. For any questions concerning the program please call Lt. RJ Laird 609-844-7123.





### **The Lawrence Home Improvement Program**

Lawrence is accepting names for participation in its municipally sponsored home improvement program for low and moderate-income families. Your name can be added to the waiting list by calling our program consultant Affordable Housing Administrators at 732-966-0674.

Eligible home improvements include roofing, windows, electrical upgrades, heating systems, water heaters, insulation, plumbing and any other health, safety or code violations. The program is structured as a forgivable loan. There are no monthly payments and no interest. If you stay in your home for ten years, you will owe nothing to Lawrence.

The program is available for owner-occupied single-family homes, condominiums, townhomes and duplexes in which the owner occupies one of the units. To be eligible to participate, your gross annual income (meaning pre-tax income) for all household members must be less than:

|                    |            |
|--------------------|------------|
| 1 person household | \$ 68,665  |
| 2 person household | \$ 78,474  |
| 3 person household | \$ 88,283  |
| 4 person household | \$ 98,092  |
| 5 person household | \$ 105,940 |
| 6 person household | \$ 113,787 |
| 7 person household | \$121,635  |
| 8 person household | \$129,482  |

Kevin P. Nerwinski, QPA  
Municipal Manager



# EMERGENCY ALERTS



**Sign up** for Nixle alerts for Lawrence Township.

Nixle keeps you up-to-date with relevant information from your local public safety departments & schools.

Looking to Receive Alerts from Your Local Agencies?  
**TEXT YOUR ZIP CODE TO 888777 TO OPT-IN**

Receive alerts for

-   
Severe Weather
-   
Criminal Activities
-   
Severe Traffic
-   
Missing Persons
-   
Local Events

Or sign-up online to receive emails and phone calls  
**(It's easy and anyone can join):** Go to **[local.nixle.com/register/](https://local.nixle.com/register/)**

\*Required

|                 |  |   |
|-----------------|--|---|
| * Email:        | <input type="text"/>                       | Public safety messages are sent here  |
| * Password:     | <input type="password"/>                   | Make it hard to guess!  |
| * Full Name:    | <input type="text"/>                       |   |
| Language:       | <input type="text" value="English"/>       |   |
| Mobile Phone:   | <input type="text"/>                       | Text alerts from local police and fire departments are sent to this device. |
| Home Phone:     | <input type="text"/>                       | After sign-up, see your Settings page for supported Local Agencies          |
| Voice Messages: | <input type="text" value="No Voice Msgs"/> | Service only available from supported Public Safety Agencies                |

By clicking "I Accept," I accept Nixle's [Terms of Service](#).

Message and data rates may apply. Message frequency varies. [Terms](#) and [privacy](#).

# We have a new E-Newsletter

Please visit our website to sign up:

<https://www.lawrencetwp.com>

## Latest in Lawrence



sign-up for our weekly  
e-newsletter



township events



services & programs



announcements



**Township of Lawrence**

[www.lawrencetwp.com](http://www.lawrencetwp.com)

Or call 609-844-7074  
for sign-up assistance



# Mercer County



# PROPERTY ALERT Service



**Paula Sollami Covello**  
County Clerk  
Mercer County, New Jersey

## Mercer County Property Alert Service

### Thank you for your interest in the Mercer County Clerk's Office Property Alert Service.

By signing up for this service, you are taking the first step in protecting your property. By registering, you are now able to track your property and you will receive e-mail alerts immediately if a document with your name or property description is recorded in the Mercer County Clerk's Office.

Unfortunately, property and mortgage fraud is a fast growing crime in the United States. Unscrupulous individuals record fraudulent documents like fake deeds or liens against property owners.

Registration is FREE and simple. Follow steps at the Mercer County Clerk's website for any type of land owned in Mercer County, whether occupied or vacant. You may also wish to register properties for a friend or elderly relative to help protect them from fraud.

If you find you are a victim of fraud, you can call the **Mercer County Clerk's Office Assistance Hotline at 609-989-6470**. Someone will provide you with public resources available to assist you. You can also call the Mercer County Office of Consumer Affairs to lodge a complaint at 609-989-6671.

Congratulations on protecting your property, one of your most important assets.

We are happy to serve you!

Sincerely,





# MERCER COUNTY RECYCLING INFORMATION

**MCIA**  
MERCER COUNTY  
IMPROVEMENT AUTHORITY

**All recyclables must be in official buckets and at the curb by 7:00 a.m. - NO ITEMS IN PLASTIC BAGS WILL BE COLLECTED**



**YES - you can recycle that!**



☒ Mixed Paper

☒ Window Envelopes



☒ Phone Books

☒ Soft Cover Books



☒ Corrugated Cardboard  
(flattened and/or cut)

☒ Hard Cover Books  
(covers removed)



☒ Glass Food & Beverage  
Jars/Bottles (all colors)



☒ Pet Food Cans



☒ Milk Jugs & Plastic  
Beverage Bottles



☒ Aluminum & Metal  
Beverage Containers



☒ Juice Boxes &  
Juice/Beverage Cartons



☒ Detergent & Shampoo  
Containers



☒ Plastics with  
#1 or #2 Symbols



**NO - sorry, you  
can't recycle that!**



☒ Pizza Boxes



☒ Plastic Bags

☒ Light Bulbs

☒ Aluminum Foil/Baking Pans

☒ Styrofoam

☒ Drinking Glasses, Dishes &  
Broken Window Glass

☒ Ceramics & Pottery

☒ Aerosol Cans

☒ Motor Oil & Anti-Freeze Containers

☒ Clothes Hangers

☒ Bandage Tins & Cookie Tins

☒ Carbon & Waxed Paper

☒ Tissue Paper, Napkins, Paper Plates  
& Paper Towels

☒ Plastics with #3 - #7 Symbols

FOR MORE INFORMATION CALL 609-278-8086 OR VISIT [WWW.MCIANJ.ORG](http://WWW.MCIANJ.ORG)



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If you have any questions related to the Senior Connect,  
please feel free to reach out to Natasha Pacera.

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